

# NHS Lothian Minor Injury Process

## Background

From Monday 2<sup>nd</sup> November 2020 patients will phone the Flow Centre directly to access Minor Injury assessment across the Lothian area.

Patients who meet the inclusion criteria below will initially be offered a VC consultation if they have a smartphone or a Face to Face appointment if they do not. Following a VC consultation the Nurse Practitioner will either give the patients self-care advice or book a face to face appointment.

## Opening hours and contact details:

- Flow Centre is open 08.00-20.00 Monday to Sunday
- Patient contact number for Flow Centre Minor Injuries is **0300 790 6267**

## Inclusion criteria:

- Patients 8 years old and over
- Must be able to make own way to MIU
- Injuries within 14 days
- Wounds less than 24 hours old with controlled bleeding with or without foreign body
- Foreign body in nose or ear
- Crush injury to fingers /toes with no wound
- Ring removal from fingers /toes
- Minor burns or scalds (not involving hands, face or genitals)
- Head and face injuries not in exclusion criteria
- Eye injuries not in exclusion criteria
- Limb injuries (below shoulder or below knee)
- Animal bites including insect bites & stings
- Patients with fracture that require review after being treated outwith NHS Lothian
- Animal bites with localised swelling and no evidence of allergic reaction

## Exclusion criteria:

### A&E

- Patients 7 years old or under (RHSC)
- Patients who require transport to or from MIU
- Head injuries with loss of consciousness, vomiting /disturbed vision/ altered behaviour. reduced GCS, underlying haematological conditions or patient on anticoagulants
- Human bites
- Dangerous mechanism of injury eg fall from higher than patients own height or road accident with combined speed of 40 mph
- Intoxication or overdose
- Minor burns and scalds to neck, face and genitals and chemical or circumferential burn
- Insect bites with non-localized swelling or evidence of allergic reaction
- Injury or foreign body to abdomen, chest or back

### Optician

- Eye injuries with visual disturbance or penetrating injury

### Practice

- Injuries that happened more than 14 days ago
- Wounds that happened over 24 hours ago

## Children:

<b>Age</b>	<b><u>Video Conferencing consultation</u></b>	<b><u>Booked face to face appointment</u></b>
Children under 1 year old	Not suitable	<b>NO.</b> Self present to RHSC or SJH
Children 1 year to 7 years	Not suitable for VC consultation. Book face to face if meets clinical criteria	<b>YES</b> - WGH, SJH or RHSC only
Children 8 years to 16 years	Suitable for VC consultation if meets criteria	<b>YES</b> - WGH, SJH or RHSC only <b>RIE ED not see children under 16 years old</b>